

## COMPETITION DEVELOPMENT SPORT STREAM - NCCP HIGH PERFORMANCE 1

The High-Performance level of competition workshops are typically reserved for coaches of athletes in the Train to Win stage of Long-Term Player Development model although there is the possibility of some phasing in of a Train to Compete athlete into the High Performance level because of the fluidity of the stages of long-term player development. Coaches in this stream require specific skills and abilities to meet the needs of their athletes.

### **Overview:**

The High Performance 1 Coaching Program is an enriched development experience for coaches, which features in-class sessions, a written assignment and a field evaluation. The in-class seminar will provide an exceptional opportunity for coaches to learn as it will feature outstanding presenters who have vast experience within high performance coaching environments. Following the in-class portion, coaches will further their development by completing, and receiving feedback on, a written assignment with support from a mentor. Participants will then be provided with an incredible opportunity for growth as a Hockey Canada trained evaluator will observe a practice and game and conduct interviews on the ice sessions and the coach's overall program.

Throughout the process, coaches will be provided information and tasks which will challenge them with the ultimate goal of furthering key skills including critical thinking, problem solving, interacting, valuing and leadership.

Some NCCP High Performance1 Seminar Topics include:

**Please note - Priority is given to those who require the training based on the HP1 Policy. For Full HP1 training, coach candidates are required to participate in all sessions that includes the National Virtual sessions, in-class weekend and all group sessions.**

### **Hockey Canada High Performance 1 Policy Statement**

All Head Coaches coaching U15, U18 and Junior 'A' teams that compete in Interprovincial or National Championships or the highest level as determined by the Branch, must be High Performance 1 'Certified'. It is recommended that all Assistant Coaches be at minimum Development 1 'Trained'.

Read the complete policy [HERE](#)